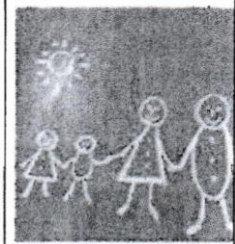


<p>H[GIO1E D éI V/t;;ETO</p>	<p>Veneto Region - S. Bortolo Hospital – Local Health Unit 8 Berica - Vicenza</p> <p>Maternal and Child Department</p> <p><b>Complex Operating Unit of Gynecology and Obstetrics</b></p> <p><i>via Rodolfi 37-36100 Vicenza</i></p> <p><i>Director: Dr. M. Scollo</i></p>	
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## **INFORMATION FOR PATIENTS ACCESSING THE COU OF OBSTETRICS AND THE DELIVERY ROOM**

Dear Madam,

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As we welcome you to our Obstetrics Department-Delivery Room, we would like to share with you some important information that may be helpful to you during your hospitalization and particularly at the time of your stay in the Labor Room for the completion of delivery.

We firmly believe that every woman has the right to the best possible standard of Health, including the right to be free from violence and discrimination.

We also believe that abuse, neglect and disrespect during childbirth can lead to the violation of women's human rights as described in the international human rights norms and principles (1; 2; 3; 4; 5).

In addition, we are aware of the legitimate expectations and wishes regarding labor and delivery and that the experience of motherhood should be approached on the basis of a free choice (6).

For these reasons during your stay in the Delivery Room during labor:

- 1) you will be guaranteed confidentiality and privacy;
- 2) you will be guaranteed respect for your culture and customs of origin;
- 3) the presence of a trusted person of your choice (family member or not) will be guaranteed (7;8);
- 4) food and drink will be provided to you;
- 5) you will be allowed to choose the position you feel most appropriate and comfortable for delivering your baby although cardiotocography will be performed continuously, during the active phase of labor;
- 6) you may request labor-water birth (9);
- 7) if you request it, you will be provided with adequate pain support during labor;
- 8) if compatible with maternal-fetal wellbeing conditions, labor will be assisted in accordance with physiological time and mode;
- 9) you will be allowed to enjoy background music (which you can also provide yourself) and dim lights in the Labor Room (10;11);
- 10) the number of vaginal explorations will be limited to what is strictly necessary, varying in frequency according to the needs and stages of labor;

- 11) you will not be given any usual enema (unless you expressly request it);
- 12) pubic hair removal will not be routinely performed;
- 13) at the newborn's birth, umbilical cord clamping will be performed in accordance with the National and International Neonatology Guidelines at 2 minutes after birth, unless the maneuver needs to be expedited to provide adequate neonatal care (12);
- 14) if the father wishes to do so, he may perform the cord clamping himself;
- 15) the newborn baby will stay with you and your husband/partner from the beginning by encouraging breastfeeding (skin to skin) (12;13;14), unless otherwise directed by the Pediatrician;
- 16) Husband/partner may be present at the first bath at the Nursery (Obstetrics Department).